

## **TANNING RELEASE OF LIABILITY**

It is our intention to keep you as well informed about tanning as possible. This means informing you how to operate the tanning equipment. The proper procedure to follow in the tanning room will be clearly explained by a member of our staff. *Please feel free to ask any questions at any time.*

**PLEASE NOTE: IF YOU DO NOT DEVELOP A TAN OUTDOORS, YOU ARE UNLIKELY TO TAN FROM THE USE OF ANY TANNING DEVICE.**

This form is an important legal document. It explains the risks you are assuming by voluntarily participating in the use of a tanning bed. It is critical that you read and understand it completely. After you have done so, please print your name and information legibly and sign in the spaces provided at the bottom.

### **Waiver and Covenant Not to Sue**

I have volunteered to use the tanning facilities at Personal Training Transformations, LLC (PTT). In consideration of PTT's agreement to instruct, assist, train and have use of their equipment, I do here and forever release, discharge, and hereby hold harmless PTT, and their respective agents, heirs, assigns, contractors, and employees from any and all claims, demands, damages, rights of action or cause of action, present or future, arising out of or connected with my participation in this or any other program and activity including any injuries resulting there from.

### **Assumption of Risk**

I recognize that there could be dangers inherent in tanning for some individuals. I acknowledge that the possibility of certain unusual physical changes during tanning does exist. I have been advised of the following risks in connection with my use of the tanning facilities at PTT or elsewhere. Prior to participation in tanning, it is advised that a full examination be given by my physician.

- 1. AVOID OVEREXPOSURE.** As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. **Repeated Overexposure** may cause photo aging of the skin, dryness, wrinkling and in some instances skin cancer. We recommend that you do not tan outdoors on days you are tanning indoors, that you do not tan if you currently have a sunburn and that you, at most, tan only once in a 24 hour period.
- 2. MEDICAL / PRODUCT INTERACTIONS. Certain Medications, Lotions and other Products** may cause your skin to be more sensitive to UV Rays. Check with your physician or pharmacist if you are unsure about any medications you are taking or if you have had a problem with indoor or outdoor tanning in the past.
- 3. WEAR PROTECTIVE EYEWEAR.** Failure to wear protective eyewear may result in severe burn or long-term injury to the eye.

### **Acknowledgment and Agreement**

In any event, I acknowledge and agree that I assume the risks associated with any and all activities in which I participate. I acknowledge and agree that no warranties or representations have been made to me regarding the results I will achieve from this program and/or activity. I understand that results are individual and may vary. I understand that I will not be allowed to exceed the maximum allowable time posted on the tanning device. I have been given adequate instructions for the proper use of the tanning equipment, understand the risks involved, and use it at my own risk.

*Please Print Legibly*

Participant's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City, State & Zip: \_\_\_\_\_

Participant's Email \_\_\_\_\_ Phone: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date \_\_\_\_\_

A copy has been offered and Accepted

Declined

PTT Staff Initials: \_\_\_\_\_